

What to expect from a sozo

A two or three person team will minister to you in a gentle, friendly, confidential and relaxed atmosphere. Every sozo is different because in each session the team relies on the leading of the Holy Spirit to guide them.

In sozo ministry, sin is confessed and forsaken, lies are countered with truth, fractured personalities are put back together and healing is experienced. Relationship to Father God is established or renewed.

Isaiah 59:1-2 'Surely the arm of the LORD is not too short to save, nor His ear too dull to hear. But your iniquities have separated you from your God; your sins have hidden His face from you, so that He will not hear'.

We were created for one thing – intimate communion and union with God, all else flows out of that. We are after His presence, seeking His face, to know Him above all else. We need and are desperate to experience Him. In His presence and in Him is fullness of joy, peace, healing and freedom.

John 17:3 'Now this is eternal life: that they may know You, the only true God and Jesus Christ, whom you have sent'.

SOZO MINISTRY

For a person to gain freedom, he or she needs to be totally honest, willing and desperate to be free. If you have decided that you want this freedom and wish to be scheduled for a sozo session, please contact the church office and we will get back to you to arrange a convenient time for an appointment.

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SOZO



**SAVED
HEALED
DELIVERED**

Introduction

Sozo ministry is a unique inner healing ministry. The main aim of which is to get to the root of those things hindering relationship with the Father, Son and Holy Spirit. We believe a healthy connection to the Trinity enables an individual to walk in the destiny they were created for.

Sozo is simple, fast, Spirit led and effective. Sozo finds issues in minutes instead of years. It helps heal your relationship with God and as a consequence those around you.

The Greek work 'Sozo' means 'to save or make well or whole'. According to Strong's Greek Dictionary of the New Testament 'sozo' also means 'to save, deliver, heal and preserve'. It is used 110 times in the New Testament.

Since God desires for people to be completely whole, sozo's ministry goal is to love people and provide information so that healing of past wounds will break strongholds. Lies are replaced with truth and 'doors' of the enemy are closed. Sozo helps people to shift their gaze to Father God's face. Applying His promises and truth to the places of past wounding, deception and entrapment.

John 8:32 'Then you will know the truth and the truth will set you free'.

Why would I need a sozo?

Authority figures such as parents, teachers and significant people in our lives are meant to work with God to protect us when we are young. They also have the chance of leaving us a godly legacy, by showing us how to enter into His presence and our identity. We are meant to be safe and blessed. But none of us grew up in a perfect world.

Wounding, sin and emotional lies lead to a loss, to some measure, of self-control. We can allow ourselves to be controlled by the lies we believe, causing guilt, shame, addictions, bad habits, anger and fear. This becomes apparent to those around us and eventually to ourselves.

Core lies, created at a young age about self and others, become strongholds. They propel actions, reactions and decisions.

Proverbs 4:23 'Above all else, guard your heart, for it is the wellspring of life'.

The enemy uses doorways, or entry points, to inflict wounding. These include: trauma, fears, occult, sexual sin, inherited generational sin, hatred and un-forgiveness.

These same doors are closed through confessing, renouncing, forgiving and receiving forgiveness, truth and blessing. Once this is done, relief and freedom come almost instantly.

Isaiah 61:7 'Instead of their shame my people will receive a double portion and instead of disgrace they will rejoice in their inheritance'.

Is sozo counselling?

A sozo session is not a professional counselling session. Rather, Christians trained in inner healing and deliverance will minister to you in such a way as to remove road-blocks and hindrances to spiritual growth, relationships and intimacy with Jesus.

There are areas that are beyond the training and skill level of normal sozo ministry, These include: disassociate disorders, some diagnosable mental disorders.

How to prepare for a sozo

We recommend that once your session has been scheduled that you begin to pray for your freedom. Here are some helpful prayer pointers.

- Ask the Lord to help prepare you to receive healing and freedom from influences that bind you
- Ask for your defences to be disarmed by the Holy Spirit, so He can minister to you
- Ask that the sozo team would clearly hear God's voice.